

MINNESOTA PARALYZED VETERANS OF AMERICA

Northern *highlights*

September 2010



The Minnesota athletes and coaches in Denver, Colorado during the National Veterans Wheelchair Games.

Continuing to Serve

Minnesota Paralyzed
Veterans of America
One Veterans Drive
SCI-238
Minneapolis, MN 55417

Monday - Thursday:

8:00 AM - 4:00 PM

Friday:

8:00 AM - 1:30 PM

Phone: 612-467-2263

Toll Free: 1-800-663-6782

Fax: 612-726-9472

Email: mnpva@qwestoffice.net

Executive Director

Richard F. Jost

Phone: 612-467-1651

Email: rfjostmnpva@qwestoffice.net

Officers

President Charlie Wittwer

Vice-President Russ Osborne

Secretary Eric Webster

Treasurer John Christensen

Past President Eric Webster

Board of Directors

Leo Dondlinger – Todd Kemery

Tom Fjerstad – Dave Langsdale

Bill Frisby – Dave Hallis

National Director

Thomas R. Fjerstad, PRP

National Service Offices

Jason Stephenson – 612-629-7022

Senior Benefits Advocate SCI-141

Jim Arndt – 612-629-7021

Vocational Rehab. Program SCI-139

One Veterans Drive

Minneapolis, MN 55417

Tami Anderson – NSO II

Federal Building Room 194B

St. Paul, MN 55111

612-970-5668

1-800-795-3609

FTS 612-970-5668

Northern Highlights Staff

Editor Richard F. Jost

Circulation Dianna Way

Northern Highlights

Advertising Rates

Please call the office for rates.

612-467-2263

or

1-800-663-6782

The Minnesota Chapter of the Paralyzed Veterans of America is a non-profit organization. Our funding is primarily received from donations. The Paralyzed Veterans of America is the name of our parent organization, and is chartered by the Congress of the United States of America. All members of the Paralyzed Veterans of America, have sustained a spinal injury or disease. If you have any questions, or you would like to make a donation to our organization, please write to the address or call the numbers listed on this page

Any and all articles that appear in this newsletter, is the opinion of the author of said article, and not necessarily those of its members, Board of Directors, or that of this organization. Any advertising that appears in this newsletter, is paid for by the business or organization that placed the advertisement. The Minnesota Paralyzed Veterans of America, by printing said advertisements, does not endorse and shall not be held liable for any claims of any kind against said business or organization.

The Minnesota Paralyzed Veterans of America's newsletter will be published 6 times per year. The editor and/or assistant may edit all articles for content, grammar, clarity and punctuation.

— **Richard F. Jost, Editor.**

**Take time to
enjoy Fall...**

**Take time to play in
the leaves like a child.**

**Hear the Crackle of
a campfire.**

Smell the crisp air.

**See all the wonderful
colors God shows us.**

**Feel the coziness of a
warm blanket.**

**Take time to slow down
and relax.**

Table of Contents

Volume 16, Issue 9 Northern Highlights

NVWG Pictures 3

SCI Staff Corner 4

8 Ball Championship 4

8 Ball Sign up and Motel Info 5

President's Report 6

2010 Annual Banquet 6

Senior Benefits Advocate Report 7

5K Family Event 7

September Calendar and Schedule 8

Member Application 9,10

September Birthdays 11

Membership Report 11

Welcome New Members 11

In Remembrance 11

The Minnesota PVA Chapter Team at the NVWG



Theresa Lesher BSN, CURN – SCI/D Article ***Immunizations in Adults with Spinal Cord Injury***

Just as any adult in this country, individuals with Spinal Cord Injury need primary care services throughout their lifetime. “Necessary services include disability management related to the ongoing monitoring and treatment of their Spinal Cord Injury”. Health promotion and disease prevention include an ongoing list of immunizations for adults.

The immunizations recommended for adults include Td or Tdap, HPV, Varicella, Zoster, MMR, Influenza, Pneumococcal, Hepatitis A, Hepatitis B, and Meningococcal Vaccine. Tetanus/diphtheria (Td) is administered every 10 years. Tetanus/diphtheria and pertussis (Tdap) is a newer addition for adults, and should be substituted once for the Td between the ages of 19-64 years. Human papillomavirus (HPV) is recommended for all females from 11 through 26 years. Varicella vaccine is given to adults without evidence of immunity to chicken pox. Herpes Zoster vaccine is recommended for adults over 60 years old. With the last two vaccines, certain medical conditions may be a contraindication for receiving these vaccines. Measles, Mumps, and Rubella (MMR) vaccine should be given once or twice in adulthood. Hepatitis A (two doses) is given in certain circumstances such as traveling abroad. Hepatitis B is recommended (three doses) for most adults. These two can be given together (Twinrix). Meningococcal Vaccine is commonly administered to first year college students, who are 55 years or younger.

Influenza and Pneumococcal vaccines are very important to the individuals with a Spinal Cord Injury or Disease. “Among persons with SCI, and especially with tetraplegia, these individuals are predisposed to develop pneumonia because of a variety of mechanical problems resulting from respiratory muscle paralysis and loss of neural control mechanisms.” Respiratory complications, including pneumonia, are the most common causes of death during acute and chronic phases of SCI according to multiple studies. Given the importance of respiratory complications as secondary conditions following SCI, preventive strategies should receive high priority. It is recommended that administration of pneumococcal vaccine be part of standard care for SCI individuals. Pneumococcal vaccine is given once before age 65, and then after age 65 years, if 5 years have elapsed. Likewise, it is **EXTREMELY** important to receive the Influenza or Flu vaccine yearly. In the United States alone, 36,000 people die each year from the flu or complications of the flu. Individuals with a SCI are a high priority to receive the vaccine.

For more information on vaccination, consult the website below.
<http://www.cdc.gov/mmwr/pdf/wk/mm5753-Immunization.pdf>



MARK YOUR CALENDARS

The Minnesota Paralyzed Veterans of America Chapter, The National Wheelchair Poolplayers of America, Viking Cue Mfg., Paralyzed Veterans of America and Sam's Club are sponsoring a National Wheelchair 8-Ball Bar Table Championship in Fridley, Minnesota on October 9th-10th, 2010.

The tournament will be held at Billiard Street Café in Fridley, Minnesota with accessible parking and bathrooms, 24-7 foot Diamond tables with plenty of room makes this event a pleasure to participate in. See the attached flyer with the application and hotel information on page 5

Contact Bill Frisby at 218-476-2208 or 218-590-5799 or via email at williamfrisby@frontiernet.net for more information or with questions.

2010 NATIONAL WHEELCHAIR 8-BALL BAR TABLE CHAMPIONSHIP

Sponsored in part by the Minnesota Chapter of the Paralyzed Veterans of America, Viking Cue Mfg. Inc., Paralyzed Veterans of America and Sam's Club

OCTOBER 9-10, 2010

(IT IS EACH PLAYER'S RESPONSIBILITY TO CONFIRM HIS/HER ENTRY PRIOR TO ARRIVAL. IF REGISTERING ON SITE, THIS REQUIREMENT STILL PERTAINS)

BILLIARDS STREET CAFE / TWO STOOGES SPORTS BAR & GRILL
7178 University Avenue NE • Fridley, Minnesota 55432 (763) 574-1399

CONTACT: Bill Frisby (218) 476-2208 or (218) 590-5799 **Email:** williamfrisby@frontiernet.net

\$75.00 ENTRY FEE - If entry is received by October 1, 2010, you will receive Five (5) FREE raffle tickets at the tournament. Entry fee includes Polo shirt & player's pack – Please specify shirt size on entry form (shirt size cannot be guaranteed after October 8, 2010)

\$7,500 Minimum Prize Fund (Cash & Prizes with PVA & Viking Points Awarded)

MAIN EVENT FORMAT: 8-Ball on 7 Foot Diamond Tables: Double Elimination: Rated Tournament
Race to be determined based on participation. All races are subject to change.

SECOND FLIGHT EVENT FORMAT: Races to be determined based on participation; Trophies and Prizes Awarded

PLAYER'S MEETING & DRAW ON FRIDAY, OCTOBER 8th AT 7:00 p.m. AT THE VENUE IF FIELD SIZE WARRANTS; TOURNAMENT PLAY BEGINS AT 11:00 A.M. OCTOBER 9TH SATURDAY MORNING

N.W.P.A. RULES & REGULATIONS ENFORCED - N.W.P.A. DRESS CODE ENFORCED (COLLARED SHIRTS REQUIRED) - COPIES OF THE RULES & REGULATIONS AVAILABLE ON SITE

NEAREST AIRPORT IS MINNEAPOLIS/ST. PAUL INTERNATIONAL (MSP)

(If you require transportation to/from the airport or to/from hotel to venue, you must contact Bill Frisby immediately for scheduling at (218) 476-2208 or (218) 590-5799 Email: williamfrisby@frontiernet.net to arrange for pickups.

NOTE: Return bottom of this form with a check or money order payable to MNPVA Chapter, mail to MNPVA Chapter, 1 Veterans Drive, SCI-238, Minneapolis, MN 55417

MINNESOTA PVA / NATIONAL WHEELCHAIR 8-BALL BAR TABLE CHAMPIONSHIP ENTRY FORM -- IT IS EACH PLAYER'S RESPONSIBILITY TO CONFIRM HIS/HER ENTRY

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ EMAIL: _____

POLO SHIRT SIZE (Circle One): M L XL 2XL 3XL

SIGNATURE: _____ DATE: _____

THE NWPA IS NOT RESPONSIBLE FOR THE ACCURACY OF THE INFORMATION ON THIS ENTRY FORM.

PERSONS UNDER THE AGE OF 18 MUST HAVE PARENT OR LEGAL GUARDIAN SIGN HERE:

PRINTED NAME: _____ SIGNATURE: _____ DATE: _____

MOTEL INFORMATION

Motel 6	Americ Inn	Days Inn	Super 8	Extended Stay	Country Inn & Suites
12 Accessible Rooms	5 Accessible Rooms	3 Accessible Rooms	5 Accessible Rooms	6 Accessible Rooms	1 Roll In
\$40.00 plus tax	\$62.95 plus tax	\$58.00 plus tax	\$50.00 plus tax	\$49.99 plus tax	4 Sit Down Tubs
763-560-9789	763-566-7500	763-561-8400	763-566-9810	763-549-5571	\$89.00 plus tax
					763-656-5154 or 763-561-0900

All motels are in Brooklyn Center, Minnesota approximately 5 miles from venue

Presidents Report – Charlie Wittwer

Hello everyone,

I trust that everybody is enjoying our beautiful summer weather. It has indeed been a very busy time for our chapter.

In May we started our fishing trips on lovely Lake Mille Lacs. We also held a membership meeting in May at Jimmy's Pour House in Sauk Center; we had a small meeting and a great luncheon in which approx. 20 people attended from the area.

In June we hosted a Mini Games event which we introduced to new athletes on some of the games that are also presented at the National Veteran Wheelchair Games. Athletes included novices and patients from the SCI Center along with some of the athletes that have been attending the National Veterans Wheelchair Games for many years. This event was well received and we hope to make this an annual event. We would like to thank the coaches and volunteers who helped with this event.

Two days later we held our annual picnic. There were over 125 guests in attendance and everyone enjoyed the good food, great company and a few of the guests even tried out some of the games that were available and a great time was had by all.

In July we had 21 athletes and 4 coaches and family members attend the National Veteran Wheelchair Games in Denver, Colorado.

In late July, we had another Membership Meeting held in Hinckley, Minnesota at the famous Tobie's Restaurant. Approximately 20 people attended the luncheon.

Every year I like to list our eight mandatory programs and list the people who are in charge of these programs. These programs are vital to the continued growth of this chapter; they are as follows starting with the Executive Committee:

Administrative: President Charlie Wittwer, Vice President Russ Osborne, Secretary Eric Webster and Treasurer John Christensen

Advocacy- Todd Kemery

Liaison- Bill Frisby

Communication- Ric Jost and Dianna Way

Sports- Charlie Wittwer and Todd Kemery

Membership- David Hallis and Dianna Way

Service Office - Jason Stephenson, Senior Benefits Officer, Tami Anderson, National Service Officer II and Jim Arndt, Vocational Rehabilitation Counselor

Fundraising- Executive Committee

In conclusion I wish to announce that I will not be running for president in this coming election. It has indeed been my pleasure to serve as your President for the past seven years and as your vice President 3 years before that. This is a Great, Great chapter with all of our members, the very best people ever.

I will have more opportunity to share my thoughts on the last 10 years in next month's newsletter; until then, take care, keep smiling and be kind.

Charlie

2010 MNPVA Annual Banquet

Who: MNPVA Members and Guests

What: MNPVA Annual Banquet

When: Saturday October 3, 2010

Where: Sheraton Bloomington Hotel

Time: 3:30 p.m.

Location: Sheraton Bloomington Hotel
7800 Normandale Boulevard
Bloomington, Minnesota 55439
Phone: 952-835-7800

Please mark your calendars now and plan on attending this event.

The invitations are in the process of being mailed out to everyone within a week.



Senior Benefits Advocate – Jason Stephenson

CLOTHING ALLOWANCE BENEFIT

A clothing allowance benefit is authorized under Title 38 U.S.C. 1162 that states the Department of Veterans Affairs (VA) must pay an annual clothing allowance to a veteran with a service connected disability or condition, or a veteran with a disability compensable under 38 U.S.C. 1151.

In order to qualify to receive the clothing allowance benefit; the veteran must wear or use a prosthetic or orthopedic device that wears out or tears clothing or a veteran with a service connected skin condition, that the medication prescribed by a physician causes irreparable damage to the veteran's outer garments. The veteran must be enrolled in the VA medical center system and also have received a prosthetic appliance or wheelchair from the VA Medical Center.

Payment of the clothing allowance benefit is made in a lump sum annually to those for whom entitlement is established as of August 1, of that year. There are no prorated payments that will be made. Payments are made September 1st for the month of August.

Once eligibility is established, the veteran must complete VA form 10-8678 and submit to their service officer or directly to the prosthetics department. A veteran who is eligible on a continuing bases per 38 CFR 3.801(a)(1) for loss of use or the VHA facility has stated on the VA form 10-8678, "continued use of such devices is recommended", will not be required to reapply annually. If the VHA facility states on the VA form 10-8678, "the condition requiring use of such device is not static", than a new application needs to be submitted on an annual basis.

If you have any questions, please contact, Tami Anderson, National Service Officer at 612-970-5668 or Jason Stephenson, Senior Benefit Advocate at 612-629-7022.

5K Family "Fun Run, Walk & Roll" Event

Who: VA Staff, Veterans, Family and General Public

What: 5K Family "Fun Run, Walk & Roll"

When: Saturday September 25, 2010

Where: Minneapolis VA Medical Center

Time: 8:30 a.m.

9:00 a.m. ½ mile Fun Run (for kids)

9:30 a.m. 5K Wheelers, Runners and Walkers

Location: Minneapolis VA Medical Center • 1 Veterans Drive • Minneapolis, MN 55417

Registration Deadline: Friday September 10, 2010 to receive a free T-Shirt

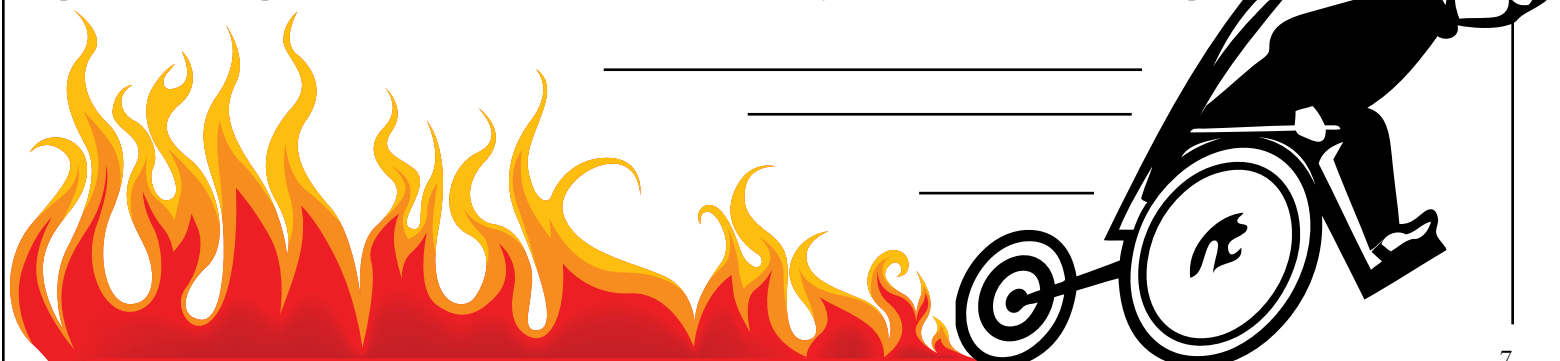
Cost: \$15.00 per entry (includes T-shirt)

Contact Information: Ralph Heussner • 612-467-3012 • Email: Ralph.heussner@va.gov

Applications are available at the VA Medical Center and at the Minnesota PVA Chapter office.

The course is a certified 5-kilometer course starts and ends at the Minneapolis VA Medical Center

Sponsors: Minneapolis VA Medical Center and Minnesota Paralyzed Veterans of America Chapter



SEPTEMBER 2010

BIRTHSTONE: SAPPHIRE
FLOWER: ASTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																																																	
			1	2	3	4																																																																																																																	
5	Labor Day OFFICE CLOSED 6	7	8	9	10	11																																																																																																																	
12	13	14	15	16	17	18																																																																																																																	
19	20	21	22	23	24	25																																																																																																																	
26	27	28	29	30																																																																																																																			
					<table border="1"> <thead> <tr> <th colspan="7">AUGUST 2010</th> <th colspan="7">OCTOBER 2010</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td> <td></td><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> </tr> <tr> <td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> </tr> <tr> <td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td></td> <td>31</td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		AUGUST 2010							OCTOBER 2010							S	M	T	W	T	F	S	S	M	T	W	T	F	S	1	2	3	4	5	6	7							1	2	8	9	10	11	12	13	14	3	4	5	6	7	8	9	15	16	17	18	19	20	21	10	11	12	13	14	15	16	22	23	24	25	26	27	28	17	18	19	20	21	22	23	29	30	31					24	25	26	27	28	29	30								31						
AUGUST 2010							OCTOBER 2010																																																																																																																
S	M	T	W	T	F	S	S	M	T	W	T	F	S																																																																																																										
1	2	3	4	5	6	7							1	2																																																																																																									
8	9	10	11	12	13	14	3	4	5	6	7	8	9																																																																																																										
15	16	17	18	19	20	21	10	11	12	13	14	15	16																																																																																																										
22	23	24	25	26	27	28	17	18	19	20	21	22	23																																																																																																										
29	30	31					24	25	26	27	28	29	30																																																																																																										
							31																																																																																																																

SCHEDULE OF EVENTS

- | | | | |
|-------------|---|--------------|--|
| September 6 | Labor Day – Holiday – Office Closed | September 11 | Patriot Day |
| September 7 | Bingo Veteran’s Home – 7:00 p.m. | September 12 | Grandparents Day |
| September 8 | UVLC Meeting – 9:30 a.m. | September 21 | BOD Meeting |
| September 8 | Fishing from 1:00 p.m. to 5:00 p.m. at Mille Lacs Lake in Isle, Minnesota at Scenic Bay Resort; please call the MNPVA office if you plan on attending so we have enough food for everyone | September 23 | First Day of Autumn |
| | | September 25 | 5K Family “Fun Run, Walk & Roll” – 9:00 a.m. – VA Medical Center Contact Ralph Heussner at 612-467-3012 for more information |

Hospital Visitation: Monday through Friday

Bowling South: Thursday mornings starting at 11:00 a.m. at the Eden Prairie Bowling Lanes in Eden Prairie, Minnesota

Please call the MNPVA office if you plan on attending any of the above activities at 612-467-2263 or 1-800-663-6782 or via email at mnpva@qwestoffice.net



PARALYZED VETERANS OF AMERICA

MEMBERSHIP APPLICATION

An individual is eligible for membership by meeting the following criteria: (1) is a citizen of the United States; (2) was regularly enlisted, inducted, or commissioned, and was accepted for or on active duty, in the Army, Navy, Marine Corps, Air Force, or Coast Guard of the United States or an ally of the United States; (3A) was separated from the service in the Armed Forces under conditions other than dishonorable; or (3B) is on active duty or must continue to serve after the cessation of hostilities; and (4) has suffered a spinal cord injury or disease (such as MS, ALS), whether or not service connected in origin. Membership is free. Complete and mail the application to: PVA Membership Department, 801 18th Street, NW, Washington, DC 20006 or to the chapter of choice. Providing the requested information is entirely voluntary but required for membership with PVA.

800-424-8200 • www.pva.org

Chapter Name: Minnesota PVA Chapter

First Name: _____ Middle Initial: _____ Last Name: _____

Date of Birth: _____ / _____ / _____ Last 4 Digits of Social Security Number: _____
month date year

Male Female

Are you a United States citizen? Yes No

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Other Phone: _____

Email: _____

VETERAN STATUS INFORMATION

DATE(S) OF MILITARY SERVICE		TYPE OF SEPARATION	BRANCH OF SERVICE
Start Date <small>month/date/year</small>	End Date <small>month/date/year</small>	Discharge (D) or Retirement (R)	DD214 required (attach a <u>copy</u> to application)
		<input type="checkbox"/> D or <input type="checkbox"/> R	<input type="checkbox"/> Still on Active Duty (DD214 Not Required)
		<input type="checkbox"/> D or <input type="checkbox"/> R	<input type="checkbox"/> Army <input type="checkbox"/> Air Force <input type="checkbox"/> Navy <input type="checkbox"/> Marine Corps <input type="checkbox"/> Coast Guard
		<input type="checkbox"/> D or <input type="checkbox"/> R	<input type="checkbox"/> Army <input type="checkbox"/> Air Force <input type="checkbox"/> Navy <input type="checkbox"/> Marine Corps <input type="checkbox"/> Coast Guard

Have you ever been discharged under conditions that are less than honorable? Yes No

Is your spinal cord injury or spinal cord disease service connected? Yes No

DISABILITY CLASSIFICATION

SPINAL CORD INJURY

(Complete ONLY if you have a traumatic spinal cord injury)

Date of Injury: _____ / _____ / _____

Injury Level: C1-C08 Cervical T01-T12 Thoracic
 L01-L05 Lumbar S01-S05 Sacral

Cause of SCI:

- Vehicular (auto, motorcycle, aircraft, bicycle, etc.)
- Violence (gunshot, stabbing, explosion, etc.)
- Pedestrian (hit by car, etc.)
- Sport or recreation (swimming, diving, etc.)
- Flying or falling object
- Medical-surgical complications
- Other traumatic injury _____
- Unknown

SPINAL CORD DISEASE

(Complete ONLY if you have non-traumatic spinal cord disease)

Date of diagnosis/onset of condition:

_____ / _____ / _____

Specific disease:

- Multiple Sclerosis
- Poliomyelitis
- Amyotrophic diseases (lateral sclerosis, transverse myelitis)
- Syringomyelia
- Other (specify) _____

LEVEL OF FUNCTION

Indicate your level of function:

- Paraplegia Tetraplegia (Quad) Hemiplegia No paralysis at this time

GENERAL INFORMATION (Optional, not required)

Please check the appropriate box or fill in the blank of each of the categories that best describes your present status. This important information enables the PVA to compile data for the effective implementation and support of our programs.

EDUCATION (highest level)

- Less than high school graduate
 High school graduate/GED
 Some college or trade school
 Associate's degree
 Bachelor's degree
 Attended graduate school
 Graduate degree
 Other _____

CURRENT EMPLOYMENT STATUS

- Employed full time
 Employed part time
 Self-employed
 Unemployed
 Unemployed due to disability
 Retired
 Other _____

MARITAL STATUS

- Divorced
 Married
 Never Married
 Separated
 Widowed

RACE/ETHNICITY

- Asian or Pacific Islander
 Black, not Hispanic/Latino origin
 Hispanic/Latino
 Native American or Alaskan Native
 White, not Hispanic/Latino origin
 Other _____

TYPE OF RESIDENCE

- Apartment
 Assisted living facility
 Single-family home/condominium
 State/veterans retirement home
 Nursing home
 VA hospital
 VA nursing home
 Other _____

SOURCE(S) OF INCOME

(check all that apply)

- Employment
 Gifts/Other
 Private pension
 Social Security
 VA compensation
 VA pension
 Worker's compensation

The Veterans Benefits Department advocates for quality health care for our members and can assist you to obtain the appropriate benefits available as a result of your military service. Is PVA presently your benefits representative? Yes No

If yes, I have no objection and hereby permit PVA Service Officers to provide information to the PVA National Membership Department that pertains to my qualifications for membership.

I declare that I have read and meet the qualifications. I understand that my membership could be revoked if any information provided is inaccurate.

Applicant's Signature

Date

8/26/10

<i>Office Use Only</i>
<i>Date Received:</i> _____
<i>Member ID#:</i> _____
<i>Processed Date:</i> _____

September Birthdays

September 1 Douglas J. Muesing
Richard J. Stang
William A. Thorson

September 2 Walter E. Dochow
Edward E. Kell

September 3 Mark A. McGarvey
Gregory S. Schleifer
Thomas E. Shrader

September 4 Larry D. Grimm

September 6 John K. Christensen

September 9 Cecil J. Noggle
Richard M. Visser

September 10 Pat A. Hallis
William R. Werner

September 11 Paul C. Ennis
Russell E. Osborne

September 12 Steve J. Despiegelaere
Monica Stanton

September 13 Robert E. Hanson

September 14 Duane R. Flatten
Leslie J. Tomporowski

September 15 Tom Boettcher
Robert C. Jakubic

September 17 Suzanne M. Byrne
Cynthia D. Sjoberg

September 22 Matthew D. Bachman

September 23 Sylvan E. Stephani

September 24 Gregory J. Stafford

September 25 Michael Diedelich
Mark F. Mulvihill

September 26 Frank J. Budlowski

September 28 Wayne F. Ledin

September 29 Cindy L. Pantoja
Dale M. Tyson

September 30 Shannon L. Matthews

Membership Report – Dave Hallis

Current Membership is at 345

Service Connected = 152

Non Service Connected = 193

Welcome New Member

Donald Brown

Remembering our Deceased Members

The MNPVA Chapter office mourns the loss of
the following members:

Richard Reimer

James Shafer

The chapter extends its deepest sympathy to their
family and friends during this time of sorrow.



**MINNESOTA PARALYZED VETERANS
OF AMERICA**

1 Veterans Dr. SC1-238
Minneapolis, Minnesota 55417

Membership Change of Address Form

First Name: _____ MI: _____

Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (_____) _____ E-mail: _____

Birth Date: ____ / ____ / ____ Membership ID Number _____